



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PLAY LEARN GROW

Free Early Childhood Enrichment Classes

Exclusive for Y Family Members!

Parents and children participate in various activities, which pattern proper physical, social and emotional development through art, movement education and early literacy. The Movers and Shakers program fosters healthy relationships and provides social opportunities for parents and children alike.



Movers and Shakers

Ages: 1 and 2 year olds
Mondays and Wednesdays
10:00—10:45 a.m.

Register at the Member Services Desk
Parent Participation Required

Session Dates:

October 19th—November 18th

November 30th - December 16th

***Classes will not be offered during the week of Thanksgiving**



Classes will be held in the dance studio.

QUESTIONS? Contact Patty Costopoulos
at 561-237-0967
or pcostopoulos@ymcaspbc.org

