



**The Y. Together We Are Stronger.**

# THE Y.

## SERVING OUR COMMUNITY TODAY FOR A STRONGER TOMORROW

Since 1972 the YMCA has served as a leader in our community, helping to provide the needed resources to strengthen families and children. When COVID-19 hit, the Y responded to the community by...

- Providing Relief Camp Care for children of health care and emergency service workers.
- Delivered Drowning Prevention virtual training during school closures to keep children Safe Around the Water.
- Offered Summer Camp at the Y and community locations with fun and educational child care for working families.
- Providing Financial Assistance to help support those in need of Y programs and resources.

The impact from COVID-19 has left our community needing the Y NOW more than ever, particularly in the following ways:

- Providing increased Financial Assistance for the growing demands for Y programs and resources to support youth and families.
- Offering increased Drowning Prevention instruction in the community to unsupervised children during school closures.
- Delivering a Virtual Learning Support Camp for children of working parents at Y branches and additional locations.

Last year the Y provided \$1.8 million in Financial Assistance for programs and resources to youth and families in need. To meet the current growing needs of our community during these challenging times, we rely on the generous support of our donors and partners. Together, we can help continue to strengthen our community. We ask for your gift to our Annual Giving Campaign to help make this happen.



**Invest in our Community....the Y and YOU.**

# SCHOOL READINESS AND SUCCESS

“My son has become a better student in school. With the respect taught and shown at home and at the YMCA, he has learned the value of being judged on one’s merit and how to be tolerant, appreciative, and accepting of individual differences. His grades have improved. He is pursuing excellence and not quitting. Additionally, the YMCA has motivated my child to have integrity, to be his best self always, and to resist and not yield to social pressures to do wrong.”

- Tiquishia



The Y believes all kids have great potential and is dedicated to ensuring every child is prepared for school with the foundational skills and support to succeed. The Y provides top-rated Preschool education and after school programs, as well as impactful Prime Time programs in community schools. With local school districts implementing virtual learning, the Y is committed to providing virtual learning support for families, keeping their children engaged in school work, and planned activities throughout the day while safely interacting with others.

## The Y, a Safe Space to Develop Youth Potential:

- Integrates STEAM (Science, Technology, Engineering, Arts and Math) curriculum into the Y Pre-School education and Summer Camp programs.
- Provides Y programs to low-income youth to close the academic achievement gap and ensure that every child has an opportunity to pursue the best possible future.
- Encourages critical thinking through After School programs.
- Received the Strong Minds certification for quality early education and After School programming.
- Provides homework-help and literacy hours through our Education Enrichment Program.

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# KEEPING KIDS SAFE, IN AND AROUND THE WATER

Each year, the Y teaches over 10,000 children life-saving water safety skills, helping them build confidence and encouraging physical activity. Unfortunately, COVID-19 has left more children unsupervised around water, resulting in a 70% increase in drownings in comparison to this time last year. The Y is continuing to provide Drowning Prevention skills with land-based virtual training in order to ensure our community is safe. No child should be at risk of drowning because they never learned to swim or because of an inability to pay.

## The Y, Preventing Drowning in Our Community:

- Provides at-risk youth drowning prevention instruction in community pools.
- Provides life-saving water safety instruction to all children enrolled in Y camps and pre-school.
- Trains and certifies lifeguards to ensure swimmers in our community are safe.



“Thank you to the YMCA for your swimming program to teach children with disabilities this life-saving skill. I can’t express how important this is for my son, JJ, and family that he has learned to swim. As a parent to a special needs child you worry, you worry every day, every minute, and every second for your child’s safety. By going through the Y’s program it has greatly eased the worryment.”

- Maureen

# SUPPORTING PARENTS AND STRENGTHENING FAMILIES



“Because of the Y, Avery has a consistent routine which is important for her. The staff engages her and pushes her to be active. As a working parent, the Y supports me because I don’t have to worry about where Avery is going to go. It is a great help for Avery and me emotionally. Avery gets excited to go to the Y and be with her peers.”

- Samantha

Strong, healthy families are key to the well-being of our community. Providing family activities and leisure time away from home helps strengthen the family bond, which reduces risk factors for children and eases stress for parents. During these challenging times, the Y is providing both mental and physical support for families through our childcare programs so parents can be at ease knowing their child is in a safe and enriching environment. The Y is committed to helping families build and maintain healthy habits for spirit, mind and body.

## **The Y, Strengthening Family Bonds:**

- Provides a safe and supportive place where young people feel a sense of belonging.
- Offers respite care to support families with special needs children.
- Provides programs for families to exercise together and establish healthy living.
- Opportunities for families to attend fun YMCA community events.
- Connecting parents with programs and resources to help raise healthy children.

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# PREVENTING SUMMER SLIDE

When business doors closed due to COVID-19, the Y opened its doors for Summer Camp, providing children a safe place to interact with one another, be themselves, engage in fun activities and make life-long memories. All kids are at risk of “summer slide”, but Y Summer Camp provides children a safe environment where they can experience new things and continue learning throughout the summer.

## The Y, Strengthening Our Youth:

- Delivers hands-on instruction with STEAM curriculum.
- Provides Special Needs adaptive swimming instruction and traditional camp opportunities.
- Increases health and wellness with a Healthy Eating and Physical Activity (HEPA) program to combat obesity.
- Provides scholarships to prevent summer learning loss and create lifelong memories.

“Ayden got off to a rough start in life. Although I have always tried my best, the day I walked into the YMCA 4 years ago was the turning point. Ayden changed that summer. He became more confident and self assured. He grows there every summer. It’s like coming home summer after summer! Ayden is now talking about maybe becoming a camp counselor himself someday.”

- Lynn



# DEVELOPING YOUTH LEADERSHIP



“Growing up in today’s world isn’t easy -- the social media spotlight accentuates the struggles that teens have always faced. The YMCA’s teen programming, especially the Christian Values Conference, has given my kids the chance to unplug and tune into their peers, to positive mentors and uplifting messaging. They come home from a week in the Carolina mountains with the tools to tackle life in the real world.”

– Josie

The Y provides quality hands-on leadership training for teens and pre-teens to help them get ready for college, the workforce, and life. With adult advisors, teens are provided role models and mentors who have the ability to create a positive impact on their lives as they grow in their desire and ability to become a leader. Throughout this health crisis, the Y has been there to enable our teens to connect virtually to discuss important social issues going on in our world today and keep them engaged.

## **The Y, Building the Future of Our Youth:**

- Offers a Leaders Club for teens building leadership, financial literacy, problem solving, project management, job interview preparation, and important life skills.
- Provides a Counselors in Training (CIT) summer program for teens to reach their full potential.
- Creates opportunities for teens to attend the Blue Ridge Leadership School, Christian Values Conference and Teen Rallies to instill teamwork, interpersonal communication, self confidence and social awareness.
- Provides first time job opportunities to teens to earn income and develop workforce skills.

# TEACHING VALUES AND CHARACTER BUILDING THROUGH SPORTS

Now more than ever we have learned the importance of physical and mental health. Y Youth Sports keeps children active and gaining confidence while learning the fundamentals of sports, as well as serves as a safe space for kids to engage with others. The Y often provides children their first team experience, helping them build better communication and leadership skills, as well as instilling important character values.

## The Y, Developing Each Child to Their Full Potential:

- Provides a safe environment for youth to develop their communication and interpersonal skills while learning the fundamentals of sports.
- Integrates and teaches each child in our youth sports programs the four core values of the Y: **Caring, Honesty, Respect and Responsibility.**
- Provides mentoring opportunities for children with coaches invested in their success.
- Combats childhood obesity through physical activity and healthy living.

“The YMCA Shooting Stars Dance Team is a team that all feel they are an important part of. Over the past few years, I have seen my daughter, Myra, grow as a dancer and strengthen her character as well. She has worked hard to improve and her efforts have been noticed and rewarded. I know that the lessons learned have helped her in school. Work hard for what you want to achieve. Stick with it and believe in yourself and you will succeed.”

- Georgia

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# Annual Giving Campaign

## Building a Stronger Community Together

### YES! I PLEDGE TO STRENGTHEN MY COMMUNITY:

- \$1,200 GIFT     \$500 GIFT     \$250 GIFT  
 \$150 GIFT     \$50 GIFT     OTHER \$ \_\_\_\_\_

Gifts allocated to the Y's Financial Assistance Program, unless otherwise designated:

\_\_\_\_\_

### Donate online: [ymcaspb.org/give](https://ymcaspb.org/give)

Name \_\_\_\_\_

Record my gift in the following name(s):

\_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Yes, employer will match my gift. Employer's name:

\_\_\_\_\_

## Thank You For Investing in Our Community.

Please make checks payable to YMCA of SPBC.

- My check is enclosed     Cash  
 Charge my     Visa®     MasterCard®     American Express®  
 One time charge  
 Monthly deduction starting (MM/Yr) \_\_\_\_ / \_\_\_\_  
 Monthly amount \$ \_\_\_\_\_ for \_\_\_\_ months

Name on card (please print) \_\_\_\_\_

Card Number \_\_\_\_\_

Exp. Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Card Security Code \_\_\_\_\_

Full Billing Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Campaigner: \_\_\_\_\_

I would like to make this gift in honor/memory of:

\_\_\_\_\_

- I would like to learn how I can become involved as a volunteer for the Y.  
 I would like, without obligation, to receive information about designating the YMCA of South Palm Beach County, Inc. as a beneficiary of my will or trust.



# SEE THE IMPACT YOUR DOLLAR MAKES

The support of our donors and community enables the YMCA to turn no one away due to their inability to pay. Each year through the Annual Giving Campaign, the Y gives back over \$1,800,000 in programs and services to the community.

\$65



Sponsors a child for a season of youth sports, learning teamwork and building confidence.

\$150

Drowning prevention swim lessons for a special needs child.

\$260

A month of after school care filled with learning opportunities and positive role models for a deserving child.



\$375

Scholarships a teen with a one year membership to the YMCA, providing a place for belonging, friendship and achievement.

\$1,000

Creates the opportunity for five kids to learn, create friendships and experience a week of summer camp.



\$2,500

Helps fund our community outreach aquatics program and provides Drowning Prevention programming to 50 kids in underserved areas.



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The YMCA is a 501 (c) 3 non-profit organization with the mission to put Christian principles into practice through programs that build healthy spirit, mind and body for all.