



DEVELOPMENTAL TRAINING ACADEMY

PETER BLUM FAMILY YMCA

BUILDING COORDINATION, SKILLS AND A LOVE FOR THE GAME!

- Learning and expanding Sports Fundamentals
- Develop strength and conditioning
- Improve skills and technique
- Lower staff-to-children ratios
- Socially distanced activities
- Equipment cleaned and sanitized between age groups



BASKETBALL

(starting in July)

Ages 3-4 3:00PM TUESDAY

Ages 5-7 4:00PM TUESDAY

Ages 8-12 5:00PM TUESDAY

All academies are
monthly sessions
(4 classes)

Members: \$35

Non-Members: \$70



SOCCER

Ages 3-4 3:00PM FRIDAY

Ages 5-7 4:00PM FRIDAY

Ages 8-12 5:00PM FRIDAY

Ages 3-12 6:00PM FRIDAY

For additional information, please contact Sports Director, James Rodriguez
561-237-0942 or Jrodriguez@ymcaspb.org

Peter Blum Family YMCA | 6631 Palmetto Circle South, Boca Raton FL, 33433