

ADAPTIVE AQUATICS



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF SOUTH PALM BEACH

6631 Palmetto Cir S

Boca Raton, Florida 33433

March 2020

DEVELOPING COMMUNITY AND ENCOURAGEMENT IN ADAPTIVE AQUATICS
AT YMCA SOUTH PALM BEACH COUNTY



Pictured above: Andrew Long and Sydnew Win, Swim Instructor

INSTRUCTOR SPOTLIGHT

Sydney was born in New York City, New York but has lived in Florida for the past 15 years. Sydney volunteers with various organizations that work with children with physical and learning disabilities, such as SABR TOPSoccer, Miracle League, and Surfers for Autism. She started competitive swim in 2011 and is now working as an Outreach Swim Instructor and an Adaptive Needs Swim Instructor for the YMCA. As a swim instructor, she works with children with disabilities in the pool to teach them skills to keep them safe in the water.

Sydney first got involved in working with children with disabilities after seeing the effects different organizations had on her younger brother, Franklin, who was diagnosed with autism when he was young. After following Franklin to various events and organizations and watching him have a blast, she soon found herself engaging in these programs to help other children as well. Sydney learns so much from these children every day and knows that she wants to continue working with children in the future.

Sydney was inspired by the dedication and heart the community has shown to her brother, Franklin. She is excited to have gained the opportunity to continue to work with children with special needs and is looking forward to see all that she can learn!

Inspirational Quote:

"Good, better, best. Never let it rest. 'Til your good is better and your better is best."

-St. Jerome

HAPPY BIRTHDAY!

Liam Francis

IMPORTANT INFO

Thank you to everyone who came out to participate, volunteer or simply spectate at the **12th Annual Boating and Beach Bash!** It was a beautiful day on the beach enjoying boat rides, games and activities and celebrating life!

The Drowning Prevention Coalition (DPC) will be providing swim lesson vouchers (to those who are eligible) beginning April 1st, 2020. Families that qualify are able to use these vouchers for the complete series (1 & 2) or as a discount on the series (3 or more). More information to come in the April 2020 newsletter.

QUESTIONS?

Contact Libby Moon, Drowning Prevention Coordinator
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