March 6, 2020

Dear Members and Friends,

The YMCA closely monitors information shared by the Centers for Disease Control and Prevention (CDC) about the coronavirus (COVID-19) and other common respiratory illnesses.

The Florida Department of Health advises:

- If you are sick, stay home from school.
- Avoid close contact with those who are already sick.
- Cover your nose and mouth when coughing or sneezing with a tissue or the crook of your arm.
- Wash your hands often with soap and water for 20 seconds.
- Avoid touching eyes, nose, or mouth.

The FDOH has activated a Coronavirus hotline. The FDOH Call center is available Monday through Friday from 8 am until 4 pm. (Call 1-866-779-6121 or email COVID-19@flhealth.gov)

Safety steps we take include:

- Frequent cleaning of door handles, fitness equipment and other common "high-touch" items.
- Diligently clean areas used by children.
- Provide hand soap and hand sanitizer to members and staff; make available sanitizing spray bottles for disinfecting surfaces after use.
- Encourage staff and members, including their children, experiencing any symptoms affiliated with these illnesses to stay at home and seek medical attention.

As we are in continuous contact with Y-USA, CDC, County and Local Health Departments, we will follow all directives to prevent the spread of this virus. However, it is up to individual members to determine what is appropriate for them. We caution all members and participants to be vigilant in their self-care and to stay alert to updates from the County Health Department and the CDC.

Thank you for being part of the Y family and for your understanding as we all go through this event together.

With Respect and Gratitude,

Jason Hagensick
President and CEO
YMCA of South Palm Beach County