



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SPORTS PROGRAM GUIDE



**BRING YOUR GAME!**

## Youth and Adults

DeVos-Blum Family YMCA  
9600 S. Military Trail  
Boynton Beach, FL 33436  
561-738-9622  
[www.ymcaspbc.org](http://www.ymcaspbc.org)

Matt Brunjes  
Sports Director  
561-536-1436  
[mbrunjes@ymcaspbc.org](mailto:mbrunjes@ymcaspbc.org)

# YOUTH

The YMCA Youth Sports Program believes in boys and girls being active, gaining confidence and having fun while learning the fundamentals of sports.

## Season 1 Basketball League



Member: \$68 (\$53 for Ages 3-4)

Non-Member: \$158 (\$123 for Ages 3-4)

Age Groups: Ages 3-4, Ages 5-6, Ages 7-8, Ages 9-10, Ages 11-13

### Scheduling:

**Registration Deadline:** Friday, January 4th, 2019

**Practices Begin:** Week of January 14th

**Games:** January 19th - March 16th (9 total)

One practice a week on weeknight evenings, and games on Saturdays.

Age 3-4: Games and practice on Saturday.

## Season 1 Soccer League



Member: \$68

Non-Member: \$158

Age Groups: Ages 3-4, Ages 5-6, Ages 7-8, Ages 9-12

### Scheduling:

**Registration Deadline:** Friday, January 4th, 2019

**Practices Begin:** Week of January 14th

**Games:** January 19th - March 16th (9 total)

One practice a week on weeknight evenings, and games on Saturdays.

Age 3-4: Games and practice on Saturday.

## Seasonal Basketball Clinics/ 1 on 1 Private Lessons

As an experienced college basketball player and coach, our sports director Matt Brunjes and YMCA staff will teach children and young adults wanting to learn or improve in the game of basketball. Private training sessions are tailored to the players current needs with 45 minute lessons attacking weaknesses and maximizing strengths for the individual. Clinics are ran every season as well by YMCA staff members and basketball coaches for ages 5-13.

\$35 /1-10 sessions

\$25/sessions

Ages: 5-13

**Scheduling:** Contact Matt at 561-536-1436 or [mbrunjes@ymcaspbc.org](mailto:mbrunjes@ymcaspbc.org) to set up your session times.



## Season 1 Flag-Football League

Member: \$68

Non-Member: \$158

Grade Groups: Ages 5-7, Ages 8-11

### Scheduling:

**Registration Deadline:** Friday January 11th

**Practices Begin:** Week of January 14th

**Games:** January 19th-March 16th (Practices on Wednesdays and games on Fridays.

# ADULTS

Whether you miss “suing up” or are brand new to team sports, the Y’s adult sports leagues provide the perfect opportunity to be active, social and reconnect or start fresh with a sport you love.



## 35+ Mens Basketball League

Team: \$575

Free Agent: \$100

Scheduling:

Registration Deadline: Wednesday, December 5th

 Online

Games: December 12th–February 27th (10 game guarantee) Games on Wednesday nights at 7, 8, and 9pm. Space is limited to 7 teams.

**\*League start dates are 12/12, 3/20, 6/19, & 9/25**

## 18+ Mens Basketball League

Team: \$575

Free Agent: \$100

Scheduling:

Games: December 13th– March 7th (10 game guarantee) Games on Thursday nights at 7, 8, and 9pm. Space is limited to 7 teams.

**\*League start dates are 1/24, 3/21, 6/20, & 9/26**

## 18+ Coed Volleyball Leagues

Team: \$350

Free Agent: N/A

Scheduling: (Seasonal). Call 561-536-1436



## Pickleball

This fun, tennis-like game is played with a wiffleball and wooden paddles. It’s easy to learn and great exercise! It’s offered here at the Y and is FREE for our members. Come join us!



Members: FREE (no registration required)



Register Online @ [BOYNTONBEACH.PLAYERSPACE.COM](https://BOYNTONBEACH.PLAYERSPACE.COM)

# BASKETBALL GYM SCHEDULE



	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
5:30-6am	Open Play		Open Play		Open Play		Open Play		Open Play		CLOSED			
6-7am	Open Play		Open Play		Open Play		Open Play		Open Play					
7-8am	HIIT		Open Play		HIIT		Open Play		Open Play		Open Play		Open Play	
8-9am	Open Play		Open Play		Open Play		Open Play		Open Play		Youth B-Ball		Open Play	
9-10am	Pickleball		Pickleball		Parkinsons	Pickleball	Pickleball		Parkinsons	Pickleball	Youth B-Ball		Open Play	
10-11am	Pickleball		Pickleball		Parkinsons	Pickleball	Pickleball		Parkinsons	Pickleball	Youth B-Ball		Open Play	
11-12pm	Pickleball		Pickleball		Parkinsons	Pickleball	Pickleball		Parkinsons	Pickleball	Youth B-Ball		Open Play	
12-1pm	Pickleball		Pickleball		Open	Pickleball	Pickleball		Open	Pickleball	Youth B-Ball		Open Play	
1-2pm	Open Play		Open Play		Open Play		Open Play		Open Play		Youth B-Ball		Open Play	
2-3pm	Open Play		Open Play		Open Play		Open Play		Open Play		Youth B-Ball		Open Play	
3-4pm	Open	Aftercare	Open	Aftercare	Open	Aftercare	Open	Aftercare	Open	Aftercare	Youth B-Ball		Open Play	
4-5pm	Open	Aftercare	Open	Aftercare	Open	Aftercare	Open	Aftercare	Open	Aftercare	Youth B-Ball		CLOSED	
5-6pm	Youth B-Ball		Youth B-Ball		Youth B-Ball		Youth B-Ball		Youth B-Ball		Youth B-Ball			
6-7pm	Youth B-Ball		Youth B-Ball		Youth B-Ball		Youth B-Ball		Youth B-Ball		CLOSED			
7-8pm	Open Play		Volleyball		35+ B-Ball		18+ B-Ball		Open Play					
8-9pm	Open Play		Volleyball		35+ B-Ball		18+ B-Ball		Open Play					
9-10pm	Open Play		Volleyball		35+ B-Ball		18+ B-Ball		CLOSED					

**SCHEDULE SUBJECT TO CHANGE ANYTIME WITHOUT NOTICE.**

## Financial Aid

Not many people think of the YMCA as a non-profit organization. However, we are a registered 501(c)(3) non-profit organization and due to the generosity of contributions from our Annual Campaign, we are able to raise funds for financial assistance programs, memberships and capital improvements.