

SEASON 5 YOUTH SCHEDULE

Soccer, Basketball, Cheer, & Flag Football

Member: \$68 (Includes Jersey)



Non-Member: \$158 (Includes Jersey)

Age Groups: Soccer 3-12
Basketball 3-17
Flag Football 5-12

Scheduling:

Registration Deadline: October 13
Practices Begin: Week of October 22
Games: October 27-December 15



Open Gym Play

Open Basketball Gym Schedule available upon request.

Volunteer Coaches Needed

We are looking for energetic and enthusiastic volunteers who are interested in coaching youth sports. Our program goal is to create a positive environment that promotes self-confidence and self-esteem through the sporting experiences we provide.

If interested, please contact Sports Director at Jrodriguez@ymcaspbc.org or 561-237-0942.

SOCCER GAME SCHEDULE

3-4 - 8:30AM SATURDAY
5-6 - 9:30AM SATURDAY
7-8 - 10:45AM SATURDAY
9-12 - 11:45AM SATURDAY

PRACTICE: Thursday 5:00pm (Ages 5-12)

BASKETBALL GAME SCHEDULE

3-4 - 9:30AM SATURDAY
5-6 - 10:30AM SATURDAY
7-8 - 11:30AM SATURDAY
9-10 - 12:30 OR 1:30PM SATURDAY
11-13 - 2:30 OR 3:30PM SATURDAY
14-17 - 7:00 OR 8:00PM FRIDAY

PRACTICE: Wednesday 6:00pm (Age 5-10)
Age 11-13 Friday Night (6:00pm-7:00pm)
Age 14-17 Practice Determined by Coach

FLAG FOOTBALL SCHEDULE

5-7 - 10:00AM SATURDAY (Skills Practice then Scrimmage)
8-12 - 10:00AM SATURDAY (Skills Practice then Scrimmage)

CHEERLEADING SCHEDULE

3-10 - 9:00AM SATURDAY

*Schedule subject to change

FC Boca Soccer Club

FC BOCA is a competitive soccer organization focused on the training and conditioning of long term development of their players. Select level players are challenged to perform better technically, tactically, individually, and as a team.



For more information, visit www.FCBocaPredators.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPORTS PROGRAM GUIDE

Youth and Adult



Peter Blum Family YMCA
6631 Palmetto Circle South
Boca Raton, Florida 33433
561-395-9622
www.ymcaspbc.org

James Rodriguez
Sports Director
561-237-0942
Jrodriguez@ymcaspbc.org

YOUTH PROGRAMMING

The YMCA Youth Sports Program believes in boys and girls being active, gaining confidence and having fun while learning the fundamentals of sports.

Youth Sports Leagues

Our YMCA youth sport leagues are a great place to introduce your child to the sport, or for your child to continue playing in a safe and educational environment. Children will learn the fundamentals of the sport while also focusing on teamwork and sportsmanship. Ages 3-17.

Sports: Soccer, Basketball, Flag Football, Cheerleading.

*See reverse for upcoming season information.

Small Group Clinics

Our YMCA kids will learn the basic fundamentals of basketball and soccer. Our monthly clinics are a great way to introduce a child to the game or to brush up on their skills in a small group setting.

Member: \$35 (4 classes)

Non-Member: \$70 (4 classes)

Ages: 3-12

Schedule:

BASKETBALL

3-4 - 3:00PM TUESDAY

5-7 - 4:00PM TUESDAY

8-12 - 5:00PM TUESDAY

SOCCER

3-4 - 3:00PM FRIDAY

5-7 - 4:00PM FRIDAY

8-12 - 5:00PM FRIDAY

NEW SPECIALTY PROGRAMS

BOCA ELITE DANCE TEAM

Dancers ages 7-11 will learn choreography in the styles of Tap, Jazz, Lyrical & Hip-Hop. Dancers will meet once a week and will perform a Dance Showcase at the end of the session.

Mondays
6:00-7:00pm

Member: \$150
Non-Member: \$250

Required Attire: Dance stockings, leotard, shorts, Jazz dance shoes, Tap shoes.



CHEERLEADING

Saturdays at 9:00am
See reverse for details!

\$68 Member
\$158 Non-Member



Lil Sluggers Baseball Ages 2-5

Lil Sluggers Baseball teaches children ages 2-5 baseball skill development including throwing, catching, hitting, base running, and hand/eye coordination.

Classes are held indoors with a player to coach ratio of 6:1. Sunday afternoons.


Member: \$144

Non-Member: \$169

Upcoming Session: September 10-October 28



ADULT PROGRAMMING

Whether you miss "suing up" or are brand new to team sports, the Y's adult sports leagues provide the perfect opportunity to be active, social and reconnect or start fresh with a sport you love. 



35+ Men's Basketball League

Team: \$550

Free Agent: \$70 (Space is limited)

Scheduling: Tuesday Nights

Season 4: October 2-December 11

(2 weeks of playoffs for Top Teams)

No Game November 20th

18+ Men's Basketball League

Team: \$550

Free Agent: \$70 (Space is limited)

Scheduling: Thursday Nights

Season 4: October 4-December 13

(2 weeks of playoffs for Top Teams)

No Game November 20th

18+ Men's Soccer League

Team: \$550

Free Agent: \$70 (Space is limited)

Scheduling: Sunday Mornings

Season Dates: October 7 - December 9th

(2 weeks of playoffs for Top Teams)



Adult Co-Ed Leagues

Co-Ed Tournaments will occur at least once a quarter. All participants must be 18 or older.

Adult Co-Ed Flag Football

Team: \$500

Free Agent: \$70 (Space is limited)

Scheduling: Sunday AM/PM

Please contact Sports Director for additional information.

*See Adult Sports Calendar for more details.