

April 2008 Fitness Pool Schedule

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------------|---------------------|---------------------|---------------------|---------------------|-----------------------------|-----------------------------|-----------------------------|
| 5:45-8:00 AM | Lap | Lap | Lap | Lap | Lap | | |
| 8:00-10:00 AM | lap fitness, Open | lap fitness, Open | lap fitness, Open | lap fitness, Open | lap fitness, Open | lap fitness, Open | |
| 11:00-12 PM | lap fitness, Open | lap fitness, Open | lap fitness, Open | lap fitness, Open | lap fitness, Open | lap fitness, Open | |
| 12:00-2 PM | Lap Fitness & Open | Lap Fitness & Open | Lap Fitness & Open | Lap Fitness & Open | Lap Fitness & Open | Lap Fitness & Open | Lap Fitness & Open |
| 2:00-4:00 PM | 2 lap lane fitness | 2 lap lane fitness | 2 lap lane fitness | 2 lap lane fitness | Lap Fitness & Open | Lap Fitness & Open | Fitness & Open till 4:30 PM |
| 4:00-5:30 PM | 2 lane fitness | 2 lane fitness | 2 lane fitness | 2 lane fitness | 3 lane fitness, Open | Fitness & Open till 5:45 PM | |
| 5:30-8:00 PM | 1 lane only fitness | 1 lane only fitness | 1 lane only fitness | 1 lane only fitness | Fitness & Open till 8:45 PM | | |
| 8:00-9:00 PM | 3 lane fitness | 3 lane fitness | 3 lane fitness | 3 lane fitness | | | |
| 9:00-9:45 PM | Fitness & Open | Fitness & Open | Fitness & Open | Fitness & Open | | | |

LAP LANE FITNESS: There are certain # of lanes available to fitness swim. **NO RECREATIONAL SWIMMING.**

FITNESS & OPEN There are 1 or more lanes to fitness swim, plus room in the pool for recreational swimming

Schedule is subject to change
Spring Splash April 7-11, 2008



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