



**YMCA
of
South Palm Beach County
News Release**

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**NEW 7,000-SQUARE-FOOT FITNESS CENTER NOW OPEN AT
PETER BLUM FAMILY YMCA OF BOCA RATON
*PUBLIC INVITED TO TOUR NEW FACILITY ON JUNE 3***

(Boca Raton, Fla.) -- The much-anticipated new fully-loaded fitness center has opened at the Peter Blum Family YMCA, located at 6631 Palmetto Circle South. As part of the newly expanded and renovated facility, which is nearing completion, the new fitness center includes nearly 50 individual pieces of cardiovascular equipment as well as a complete line of Nautilus™ Nitro Plus strength training circuits. A complete Cybex™ line and free weights also are available. All cardio and Nautilus™ equipment features the FitnessAdvisor virtual private training system.

Adding to the workout experience are a cardio theater with large televisions and a large area for stretching and ab work.

The new fitness center adds to the already completed 7,200-square-foot gymnasium and Countess de Hoernle Youth Learning Center, which includes the newly renovated and expanded preschool. The Center also now has a large all purpose room, new restrooms and locker rooms. The second pool, which will feature a 13-foot snaking slide and recreational beach area with bucket fountain, is expected to open in June.

On June 3, the Y is holding a *Summer Spectacular* event, from 10 a.m. – 2 p.m. The public will be able to visit the YMCA and tour the new portions of the facility. Yet to be completed at that time will be the men's and women's locker rooms, massage rooms, café area and administrative offices.

The pent-up demand for the new facility, however, encouraged Y officials to plan the public open house, according to Vicki Pugh, vice president of philanthropy for the YMCA of South Palm Beach County.

“This isn’t our official grand opening, but this event will be a great opportunity for everyone to see our beautiful facility 90 percent complete,” she said.

The event will feature cool summer activities for the kids, fitness and health demonstrations, entertainment, prize drawings and the opportunity to take advantage of special promotional offers. The initiation fee will be waived for guest who become YMCA members between June 3 and July 31.

As part of the nation’s largest community service organization, the YMCA of South Palm Beach County serves more than 50,000 community residents annually. Through its two locations, the YMCA offers an expansive menu of on-site and outreach programs that help the entire family enjoy healthier, more active lifestyles. Activities include sports programs, summer camps, preschool, after school programs, a variety of exercise classes, senior wellness programs, water and land aerobics, yoga and pilates, and a state-of-the-art workout facility featuring the computerized Fitness Advisor virtual workout partner, among many more offerings.

The YMCA serves all people regardless of their ability to pay. Membership fees, grants and contributions from individuals and corporations fund its \$4.4 million annual budget. For more information about the YMCA, call the Boca facility at (561) 395-9622 or the Boynton Beach branch at (561) 738-9622 or visit www.ymcaspbc.org.

For information on how to support the Partners with Youth program or other YMCA programs, call Vicki Pugh at (561) 237-0929.

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