

May 2008 Fitness Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:45-8:00 AM	Lap	Lap	Lap	Lap	Lap		
8:00-10:00 AM	lap fitness, Open	lap fitness, Open	lap fitness, Open	lap fitness, Open	lap fitness, Open	lap fitness, Open	
11:00-12 PM	lap fitness, Open	lap fitness, Open	lap fitness, Open	lap fitness, Open	lap fitness, Open	lap fitness, Open	
12:00-2 PM	Lap Fitness & Open	Lap Fitness & Open	Lap Fitness & Open	Lap Fitness & Open	Lap Fitness & Open	Lap Fitness & Open	Lap Fitness & Open
2:00-4:00 PM	2 lap lane fitness	2 lap lane fitness	2 lap lane fitness	2 lap lane fitness	Lap Fitness & Open	Lap Fitness & Open	Fitness & Open till 4:30 PM
4:00-5:30 PM	2 lane fitness	2 lane fitness	2 lane fitness	2 lane fitness	3 lane fitness, Open	Fitness & Open till 5:45 PM	
5:30-8:00 PM	1 lane only fitness	1 lane only fitness	1 lane only fitness	1 lane only fitness	Fitness & Open till 8:45 PM		
8:00-9:00 PM	3 lane fitness	3 lane fitness	3 lane fitness	3 lane fitness			
9:00-9:45 PM	Fitness & Open	Fitness & Open	Fitness & Open	Fitness & Open			

LAP LANE FITNESS: There are certain # of lanes available to fitness swim. **NO RECREATIONAL SWIMMING.**

FITNESS & OPEN There are 1 or more lanes to fitness swim, plus room in the pool for recreational swimming

Schedule is subject to change



Peter Blum Family YMCA of Boca Raton
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