



Y Today

Summer Issue 2006 YMCA of South Palm Beach County

Peter Blum
Family YMCA
of Boca Raton

DeVos-Blum
Family
YMCA of
Boynton Beach

Healthy Kids Day '06

Put Play in Your Day!



Hundreds of families celebrated Healthy Kids Day on Saturday, April 8th at the DeVos-Blum Family YMCA of Boynton Beach and Peter Blum Family YMCA of Boca Raton.

"Healthy Kids Day is part of the YMCA's mission to encourage kids to get excited about physical fun and activity," said Neal Allen, President and CEO of YMCA of South Palm Beach County. "This event is part of our long-term initiative to develop and implement community-based solutions to improve America's health and wellness."

More than 1,300 YMCAs across the country staged similar celebrations to encourage everyone to "Put Play in Your Day." The event was free and open to the public.

In Boynton Beach, the festivities began with a 1/4-mile family fun run/walk around the grounds. Sponsored by Exclusive Sports Marketing and the

A1A Marathon, the run included participants of all ages. Everyone received a t-shirt and medal for participating in the run. The winner of the Fun Run was Chandler Johnson from Boynton Beach. Other activities included arts and crafts, bounce houses, climbing walls and train rides.

In Boca Raton, the Boca Raton Community Hospital had a nutritionist on hand to answer questions about family eating habits. The YMCA provided fitness demonstrations for children and adults throughout the day.

The Florida Panther's provided its Hockey Festival, where kids learned to play roller hockey and practice their shots on a slap shot inflatable. Stanley C. Panther also made an appearance.

Event sponsors were the Sun-Sentinel, BankAtlantic, Boca Raton Community Hospital, West Boca Medical Center and Office Depot.



ACTIVATE AMERICA

Beating Obesity, Chronic Disease, and the Health Care Crisis

The YMCA of South Palm Beach County wants to help our community become healthier and more active through a partnership with the YMCA of the USA's new initiative entitled Activate America.

YMCA Activate America is an innovative public health program initiated by the YMCA that is making healthy living a reality for millions of Americans. This initiative is the YMCA's response to America's growing obesity, chronic disease and health care crisis.

As the nation's oldest and largest community-based organization with a mission dedicated to health and wellness, the YMCA is uniquely qualified and positioned to impact this crisis by promoting and supporting healthier living for millions of Americans.

The YMCA of South Palm Beach County has pledged to better serve those individuals, who have traditionally stopped and started exercise programs. Our primary focus will be serving individuals deemed Health Seekers.

The YMCA of South Palm Beach County will create programs and opportunities to help increase the success rate of adopting a healthy lifestyle. The YMCA is strengthening its commitment to adult health seekers and their families, and school-age youth and their families, by coordinating with community leadership and strategic partnerships.

New Activate America initiatives will be announced in the coming months. We look forward to having you join us!

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Mission Statement:

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

OPERATING HOURS

Monday-Thursday	6:00 a.m. - 10:00 p.m.
Friday	6:00 a.m. - 9:00 p.m.
Saturday	8:00 a.m. - 6:00 p.m.
Sunday	Noon - 5:00 p.m.

CHILD WATCH HOURS

Open to all members between the ages of six weeks and five years old while their parents participate in YMCA activities.

Monday - Friday	8:15 a.m. - 1:00 p.m.
Monday/Wednesday/Friday	5:00 p.m. - 9:00 p.m.
Tuesday/Thursday	4:15 p.m. - 9:00 p.m.
Saturday	8:00 a.m. - Noon
Sunday	Closed

17th Annual Champions' Ball Raises \$80,000

The 17th Annual Champions' Ball raised more \$80,000 for YMCA Scholarships and Programs. Synchronized swimmers, cheerleaders, two bands, and a steel drummer all contributed to the Celebration of Champions.

More than 400 people donned tuxedos and elegant gowns to sip drinks by the pools and dine in the gymnasium at the newly expanded and renovated Peter Blum Family YMCA of Boca Raton.

Over cocktails, guests enjoyed an amazing synchronized swimming performance by the Palm Beach Coralytes and browsed more than 40 silent auction choices before taking their seats in the dramatically decorated and transformed gymnasium. Cheerleaders from Boca Raton High School set the tone for the evening before Event Chair Yvonne Boice and News Channel 12 Anchor, Ric Blackwell, took to the stage.

One of the most exciting moments of the evening was when the winning raffle ticket was drawn for a \$5,000 diamond bracelet donated by Brecashe Jewelers of Boynton Beach. Roxanne Rosseto was the lucky winner.



Board of Trustees Chair Ken Kaleel with Champions' Ball Chair, Yvonne Boice and President/CEO Neal Allen

well as the youth center, were recognized for their outstanding commitments to the YMCA.

Peter and Teena Blum and Richard and Helen DeVos served as honorary chairs of the event. Committee members included Neal W. Allen, David Aucamp, Ric Blackwell, Shaun Castillo, Stephanie Critchfield, Roberta Cupoli, Lyn Houston, Harriet Lewis, Barbara McCormick, Emily Miller, John Mulhall, Randy Nobles, Bob Parlow, Vicki Pugh, Marcy Ramos, Sara Scaldini, Judith Schipani, William Schipani, Michael Sparks, and Richard Thornton.



Sponsors recognized at the event included Comerica Wealth Management, Commerce Bank, Shoppes of Village Pointe, Fugazy International Travel, NCCI Holdings, Inc., Project Controls, Mellon Bank and the Schipani Family.

Peter and Teena Blum and Richard and Helen DeVos, namesakes of both the Boca Raton and Boynton Beach YMCAs, as well as Countess Henrietta de Hoernle, whose name appears on both the new preschool building as

YMCA in Boca Raton Celebrates a New Name



Peter Blum addresses guests at the celebration.

Twenty-five preschool students released butterflies to celebrate the name change of the YMCA of Boca Raton to the Peter Blum Family YMCA of Boca Raton. On hand for the festivities were the building's namesake Peter Blum, his wife, Teena, and more than 80 guests.

In the early 1970s furniture magnate, Peter Blum, had a vision for a family-centered YMCA to serve the Boca Raton community. Today, the facility he founded is nearing completion of an expansion that will make it the largest YMCA in southeast Florida.

The ceremony was held at the front entrance of the building, which remains under construction, and featured presentations by Chairman of the Board of Trustees, Ken Kaleel; President/CEO, Neal Allen and Pope John Paul II High School President, Father Guy Fiano. Preschoolers sang heartwarming songs and released butterflies into the new butterfly garden, underwritten by Bethesda Memorial Hospital. The beautiful garden, designed by Glen Wilcox in partnership with Don Murakami, and new pond, designed by Scott Raines and his company Ponds and Fronds, were dedicated in memory of the Blum's son, Peter.

Other major donors to the Peter Blum Family YMCA renovation and expansion project attended the event and were honored with a tree planted in their name, including William and Ann Ziff, Richard and Helen DeVos and the Countess Henrietta de Hoernle.

Following the ceremony, guests enjoyed a festive brunch in the building's new Sun-Sentinel multi-purpose room.



**DeVos-Blum Family YMCA
of Boynton Beach**

BOARD OF DIRECTORS

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- Stacey Accardi-Cox
- David Beaumont
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- Christopher Storkerson
- Robert B. Taylor, Jr.
- Dorian B. Trauger
- Gregory Zink

Mission Statement:

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

OPERATING HOURS

Monday - Thursday	5:30 a.m. -10:00 p.m.
Friday	5:30 a.m. - 9:00 p.m.
Saturday	8:00 a.m. - 6:00 p.m.
Sunday	Noon - 5:00 p.m.

CHILD WATCH HOURS

Open to all members between the ages of six weeks and five years old while their parents participate in YMCA activities.

Monday - Friday mornings	8:00 a.m. - 1:00 p.m.
Monday - Thursday evenings	4:15 p.m. - 8:30 p.m.
Friday evening	4:15 p.m. - 8:00 p.m.
Saturday morning	8:00 a.m. - 12:30 p.m.
Sunday	Closed

KID'S CLUB HOURS

Open to all members between five (should already be enrolled in Kindergarten) and 11 years old while their parents participate in YMCA activities. The children will enjoy games, swimming and sports. This program is supervised by YMCA staff and volunteers. There is a two-hour limit for Kid's Club care.

Monday, Wednesday, Friday	4:15 a.m.-8:30 p.m. at the pool
Tuesday, Thursday	4:15 a.m.-6:30 p.m. at the pool 6:30 - 8:30 p.m. in Preschool Classroom #2
Saturday	8:00 a.m. - 12:30 p.m. in the Teen Center
Sunday	Closed



The true champions of the Champions' Ball were 26 area high school seniors chosen to receive the Dr. William P. Schipani Scholarships in recognition of their achievements in academics, athletics, spirituality and volunteerism.

Scholarship recipients included: American Heritage School, Daniela Betancourt, Gary Brett Bloom; Atlantic Community High School, D'Lauren Oxidine, John Stec; Boca Raton Christian High School, Faith Wilson, Kyle Williams; Boca Raton Community High School, Crystal Warren, Benson Joseph; Boynton Beach Community High School, Stephanie Jean-Philippe, Owen Dixon; Lake Worth Christian School, Mallory Thomas, Jonathan Zylstra; Park Vista High School, Kelly Burnett, Mark Angelos Caroussos; Pope John Paul II, Frankie Cardinale, Brian Moogan; Olympic Heights Community High School, Stephanie Cornely, Clayton Thompson; Santaluces Community High School, Bonnie Rawls, Corey Kubber; Spanish River Community High School, Bergen Davell, John Paul Dover, Jr.; Saint Andrew's School, Vanessa Ortiz, Chike Brennen; West Boca Raton Community High School, Alison Mattek, Evan Tate.

The Dr. William P. Schipani Scholarship Fund began 17 years ago when William and Judith Schipani's eldest son developed cancer and passed away in the prime of his life. The family thought it most fitting to memorialize his life by establishing the Dr. William P. Schipani Scholarship Program at the YMCA of South Palm Beach County. Each year, their goal is to recognize high school seniors who exemplify the YMCA's mission to build spirit, mind and body for all, as well as the YMCA character development values of caring, honesty, respect and responsibility.

Ribbon Cut on Countess de Hoernle Youth Learning Center



Maria Levix from the Schmidt Family Foundation joined the Countess de Hoernle, the original funder of the facility, for the celebration.

The Peter Blum Family YMCA of Boca Raton celebrated the opening of two new classrooms, and the renovation of its Countess de Hoernle Youth Learning Center on Wednesday, April 12th with a ribbon cutting ceremony. Construction of the two new classrooms was generously underwritten by the Schmidt Family Foundation.

With the two new rooms, children ages 14 months through five years old can enjoy a curriculum based on the Reggio Emilia approach. The curriculum is centered on the individual student development and interest, and promotes an interactive learning environment. The YMCA's new, brightly colored classrooms are designed to inspire exploration and creativity. Literacy, language development, mathematics, science, gross and fine motor skills, sports, and swim instruction are also integrated into the curriculum.

The center now has capacity for 120 children and is an approved voluntary Pre-K school. For more information about the Countess de Hoernle Youth Learning Center, please contact Patty Costopoulos at (561) 237-0928.

Jarden Helps Disabled Teens Attend Summer Camp

"Thanks to the generous support of organizations like Jarden Consumer Solutions, we are able to meet critical needs in our community."

—Vicki Pugh, VP of Philanthropy, YMCA



From Jarden Consumer Solutions, Sabrina Sheehy-David, Dave Buck, and Ann Tanis. From the YMCA, Vicki Pugh, Janice Labat, Jean Carlow Maranda and Katie Collins. From Jarden Consumer Solutions, Abbey Weiss. From the YMCA, Alexis Glen

For the second year in a row, Jarden Consumer Solutions Community Foundation contributed \$10,000 to the Peter Blum Family YMCA of Boca Raton to fund a summer camp for middle school children ages 12-14 with disabilities.

The camp is the only one of its kind in Palm Beach County. It began last year as an expansion of the Exceptional Child Program, which consists of after school and summer camp activities for elementary school children with disabilities.

The YMCA has been serving exceptional children, ages 6 through 12, but saw a need to fill the gap for middle school age children as well. According to Vice President, Managing Director of the Peter Blum Family YMCA of Boca Raton Joann Foster, the camp is getting rave reviews. "Parents are so thrilled with this program," she said. "They have been desperate to find a program for their middle school age children. We're pleased that we are now serving this group year round."

As the only organization in South Palm Beach County offering out-of-school programming specifically for young people with disabilities, the YMCA has been committed for more

than two decades to helping disabled children navigate their environments and enjoy personal satisfaction. The current Exceptional Child Program operates jointly with schools in the community.

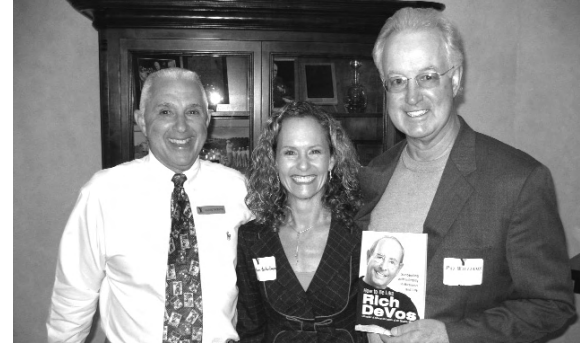
Camp activities include field trips, swimming, fitness, educational workshops, arts and crafts and other fun activities. Partnerships with organizations throughout the community enable campers to enjoy field trips to public libraries, movie theatres, bowling alleys and other area attractions.

Other YMCA programs for people with disabilities include Friday Nite Live and Friday Nite Club, which provide recreational activities on Friday evenings for teens and adults with disabilities.

"Thanks to the generous support of organizations like Jarden Consumer Solutions, we are able to meet critical needs in our community," said Vicki Pugh, vice president of philanthropy. "We salute their ongoing commitment to our Exceptional Child Middle School Camp."

Reduced tuitions and scholarships will be available for qualifying families.

Orlando Magic's Pat Williams Featured Speaker at Prayer Breakfast



Richard Thornton, Ellen Schulman, Pat Williams

The fourth annual YMCA Prayer Breakfast was full of song, friendship and inspiration. One hundred and twenty guests came together for breakfast and fellowship at the Delray Beach Golf and Country Club. John and Bev Howerly from Hope Fellowship Church livened up the room by singing and playing guitar. Pat Williams, inspirational speaker, father of 19, marathon runner, and Senior Vice President of the NBA's Orlando Magic was the keynote speaker.

Pat's message of "Champions Under Construction" was both entertaining and informative. Pat asked the audience to think about ten guiding principles, one of which is to think about responsibility. He instructed the crowd to continually ask, "What is the wise thing to do?" – a question he believes should be a guiding force in everyone's daily life.

Pat Williams outlined 10 Guiding Principles of Champions Under Construction as follows:

- 1) You become what you think about all day long.**
- 2) Choose the words you speak carefully; once said, they are forever out there.**
- 3) Goals are important. A goal without a deadline is just wishful thinking.**
- 4) Responsibility; what is the wise thing to do?**
- 5) Choose your friends wisely.**
- 6) Don't waste your suffering. Turn the bad times into opportunities.**
- 7) Go the extra mile.**
- 8) Never, never, never quit.**
- 9) Character counts. Be honest and use your integrity.**
- 10) Live your life by your faith.**

To add your name to the prayer breakfast mailing list, please contact Richard Thornton at (561) 237-0927.

SUN-SENTINEL HELP TEAM

Helps South Floridians Navigate Their Lives

Sun-Sentinel South Floridians looking for help navigating their lives now have a new ally, the Sun-Sentinel Help Team. Formed in response to a demand for more helpful, consumer-driven information, the Help Team is watching out for local residents.

"This group of seven staffers and an editor focuses on stories and features that provide value and utility -- news you can use," said Sun-Sentinel Senior Vice President and

Editor Earl Maucker. "And, we will continue to create new features we think will appeal to -- and help -- our readers."

Regular features developed by the team include columns about where to find the best bargains, a weekly gas price watch, vital health information, as well as the "Sun-Sentinel Watch," which helps solve community problems brought to the team's attention by readers. The team isn't afraid to name names and hold public officials and agencies accountable to get things fixed.

To see some of the Help Team's recent articles and columns, or to fill out the online Feedback Help Request form, please visit <http://www.sun-sentinel.com/business/custom/consumer/>. To let the team know about a topic they should address, e-mail Help Team Editor Nick Tate at njtate@sun-sentinel.com. To report a community problem to be tackled by Sun-Sentinel Watch, email sun-sentinelwatch@sun-sentinel.com, or call 561-228-5561.



Boynton Y Hosts Deaf Bocce Group

As part of the YMCA's commitment to the community, the DeVos-Blum Family YMCA of Boynton Beach hosted a group of about 30 Bocce players every Wednesday morning from January through March. One member presented a check for \$150 to the Partners with Youth Scholarship Program as a thank you.

UPCOMING Y EVENTS/DATES

- August 12 Partners with Youth Scholarship Program Fund Raising Luncheon, Carrabba's Italian Grill, Boynton Beach
- Aug. 17-18 Preschools Closed
- Sept. 4 Labor Day Holiday - Y Facilities Closed
- Sept. 23-29 America on the Move Week (Activities TBA)
- October 20 Halloween at the Y (DeVos-Blum Family YMCA)
- October 28 Halloween at the Y (Peter Blum Family YMCA)
- Nov. 19 Simon Mall Evening of Giving
- Nov. 23 Thanksgiving Day Holiday - Y Facilities Closed
- Dec. 2 Peter Blum Family YMCA of Boca Raton, Grand Re-Opening

The Real Yellow Pages® from BellSouth Supports the YMCA



Through a partnership with The Real Yellow Pages® from BellSouth, the DeVos-Blum Family YMCA of Boynton Beach and Peter Blum Family YMCA of Boca Raton enjoy banner advertisements for membership and programs in the local directories. It's The Real Yellow Pages from BellSouth that stands alone when it comes to offering the most information. For all your information needs, look to The Real Yellow Pages from BellSouth. It even includes lots of extras, including street maps, seating charts, government contact information and up-to-date community information. For any situation, The Real Yellow Pages from BellSouth is the only directory you'll ever need. Online, visit YELLOWPAGES.COM from BellSouth.

Free Throw Rick Tries to Beat Record at Boynton Y

People visit YMCAs for many reasons, but never before has the DeVos-Blum Family YMCA had a member from another state drop in as part of a nationwide free throw challenge.

In May, Rick Rosser, a truck driver for Alabama-based HotShot Delivery, made his 112th YMCA visit when he stopped by the Boynton YMCA to shoot 125 consecutive free throws. Rick is on a nationwide quest to make 100 consecutive free throws in every state. So far, he has been to 25 states, visiting YMCAs in most of them.

Rick practices at home at the Bessemer Area YMCA, near Birmingham, Alabama. He recently shot the hoops with former Shaq Coach, Ed Palubinskas, who holds the world speed record for hitting 1,206 out of 1,265 baskets in just one hour. Rick's own record is 1,289, but his real goal is to surpass Ted Amberry's record of 5,221, which the Jacksonville, Florida resident achieved in 1996.

"I love going to the different Ys," he said. "Hopefully, I have many more Ys and many more free throws on my journey."



The Y is the place
for kids of all ages



Celebrate Your Birthday at the YMCA

— You provide the guests, we do the rest!

Want a unique way to help your child celebrate his or her birthday? Call the YMCA!

We offer sports and aquatic-themed parties at our facilities. While we are sure to create a birthday party that the entire family can enjoy, we will make the birthday boy or girl feel extra special. We do all the work from set up to clean up; all you have to do is call us and make your reservation.

At the Peter Blum Family YMCA of Boca Raton, birthday guests participate in an organized sporting event. The birthday boy or girl, along with their parent(s) or guardian(s), can choose from the following sports: cheerleading, flag football, basketball, soccer, baseball or field games. Each party includes cake, decorations, pizza, beverages, paper goods, a t-shirt for the birthday boy or girl, games, contest and prizes. A minimum of 10 children is required to book a party.

The DeVos-Blum Family YMCA of Boynton Beach and Peter Blum Family YMCA of Boca Raton offer "Swim-N-Splash" parties. A two-hour party consists of pool time, rides down the giant snake water slide, food and games. Birthday cake, refreshments and decorations are available. Lifeguard supervision and a party host from the YMCA is provided.



For reservations or for more information, please call the Peter Blum Family YMCA of Boca Raton, Lindsay Plas, 561-237-0939 or the DeVos-Blum Family YMCA of Boynton Beach, Jennifer Casimiro, 561-536-1408.