



**YMCA
of
South Palm Beach County**
News Release

Calendar Listing: 05-15-06

Contact:

Ellen Schulman - (954) 895-3152

Durée Ross – (954) 723-9350

**Y-MANIA TO SHOWCASE NEW PETER BLUM FAMILY YMCA IN BOCA RATON
PUBLIC INVITED TO TOUR FACILITY ON JUNE 3**

WHO/WHAT: PETER BLUM FAMILY YMCA Y-MANIA PUBLIC OPEN HOUSE

WHERE: 6631 Palmetto Circle South, Boca Raton

WHEN: June 3
10 a.m. until 2 p.m.

WHY: Y-Mania give the Boca Raton community the opportunity to see the completed facilities at the YMCA, which include:

- 7,200-square-foot gymnasium
- All purpose room and new restrooms and locker rooms for after school and summer camp programs
- Countess de Hoernle Youth Learning Center, which includes the newly renovated and expanded preschool
- Second pool, which features a 13-foot snaking slide and recreational beach area with bucket fountain, rain bar and shooting water spouts
- 7,000-square-foot fitness center now open with nearly 50 individual pieces of cardiovascular equipment as well as a complete line of Nautilus™ Nitro Plus strength training circuits. A complete Cybex™ line and free weights also are available. All cardio and Cybex equipment features the FitnessAdvisor virtual private training system.

Initiation fee will be waived for anyone who joins between June 3 and July 31.

Y-Mania events will include:

- Self-guided tours
- Youth Fitness Demonstrations

- Drop-in demo classes at the spin studio and pilates personal training studio
- Activities for kids
- Prizes
- Refreshments

About the YMCA:

As part of the nation's largest community service organization, the YMCA of South Palm Beach County serves more than 50,000 community residents annually. Through its two locations, the YMCA offers an expansive menu of on-site and outreach programs that help the entire family enjoy healthier, more active lifestyles. Activities include sports programs, summer camps, preschool, after school programs, a variety of exercise classes, senior wellness programs, water and land aerobics, yoga and pilates, and a state-of-the-art workout facility featuring the computerized Fitness Advisor virtual workout partner, among many more offerings.

The YMCA serves people regardless of their ability to pay. Membership fees, grants and contributions from individuals and corporations fund its \$4.4 million annual budget. For more information about the YMCA, call the Boca branch at (561) 395-9622 or the Boynton Beach branch at (561) 738-9622 or visit www.ymcaspbc.org.

For information on how to support the Partners with Youth program or other YMCA programs, call Vicki Pugh at (561) 237-0929.

###