

To put Christian principles into practice through programs that build

healthy spirit, mind
and body for all.

2007 ANNUAL REPORT



YMCA of
South Palm Beach County

Dear YMCA Members and Supporters:

Your YMCA in South Palm Beach County is taking a leadership role in solving community health issues while continuing to offer the traditional, high quality programs and facilities that have made our YMCA an organization that children and families in our area have come to rely on. As problems such as heart disease and obesity rise to epidemic proportions, YMCAs across the country are joining forces to mount a counter offensive to promote healthy lifestyles. Each of the USA's 2,500 YMCAs is uniquely positioned to reach a large number of people with messages of wellness backed up by programs that make a difference.

**LETTER FROM THE
BOARD CHAIR AND CEO**

The YMCA of South Palm Beach County has joined our sister YMCAs across the country to offer expanded programs that directly address issues of childhood and adult obesity, including SportFit, KidFit and individualized training programs aimed at permanent lifestyle changes. As the nation's largest provider of childcare and after school programs, YMCAs are also positioned to reach our youngest and most vulnerable citizens—our children.

We're seeing results! In 2007, an evaluation of the YMCA's "Schools Wellness" initiative demonstrated that this YMCA program had directly resulted in improved BMI (Body Mass Index) among children participating. We continue to implement the basic program components from the Schools of Wellness initiative in our YMCA After School programs reaching 1,000 children annually.

Another critical community health issue being addressed by the YMCA is water safety. Palm Beach County has the third highest drowning rate in Florida. Drowning is the number one cause of accidental death in children younger than five years old. These tragedies may be prevented through water safety programs like the YMCA's SWIM Program, Safe Start, and swim instruction. In 2007, 950 children received free or subsidized swim instruction at the YMCA.

We're proud of the YMCA of South Palm Beach County's supporters who enable us, through financial donations and donations of time, to continue our leadership role in promoting healthy living and providing access to everyone regardless of age, race, sex, faith, background, ability or income. In 2007, with your assistance, we awarded \$500,000 in financial aid to 4,000 individuals and their families so that those who cannot afford the full cost of our services can have a YMCA experience.

You'll read in this report just three examples of the YMCA's magical ability to touch people's lives. From parents who need affordable childcare, a senior dealing with health issues, to an autistic child overcoming the fear of water, each story exemplifies the importance of a YMCA in building strong kids, strong families and strong communities.

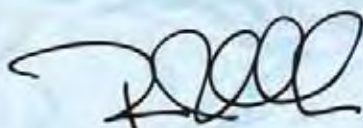
We simply could not accomplish our mission without the dedication and support of our staff, volunteers and members. A resounding applause and heartfelt thanks to the entire YMCA community for all that you continue to do.

Thank you,

Kenneth M. Kalleel, Esq., *Board Chairman*



Richard W. Pollock, *President & CEO*



Kenneth M. Kalleel, Esq.,
Board Chairman



Richard W. Pollock,
President & CEO

OPERATING REVENUE (in thousands)

Public Support	\$2,185
Membership Dues.....	\$3,700
Program Fees.....	\$3,748
Special Events.....	\$316
Other	\$347
Total.....	\$10,296

Total Assets	\$22,042
Total Liabilities.....	\$12,216
Total Fund Balance.....	\$9,826



< OPERATING REVENUE

■ Membership Dues.....	37%	■ Special Events.....	3%
■ Program Fees.....	36%	■ Other	3%
■ Public Support	21%		



PROGRAM MIX >

■ Preschool.....	35%	■ Health Enhancements ...	12%
■ Summer Camp	14%	■ Aquatics	11%
■ Sports.....	13%	■ Other	3%
■ Child Care	12%		



< TOTAL EXPENSES

■ Membership	34%	■ Aquatics	6%
■ Child Care	33%	■ Sports.....	5%
■ Health Enhancements	9%	■ Fundraising & Special Events	5%
■ Management & General	8%		

PROGRAM HIGHLIGHTS

- 950 youth received free or subsidized swimming lessons.
- Awarded 26 college scholarships to area high school graduates through the William P. Schipani Scholarship program.
- Awarded \$500,000 in financial assistance to 4,000 individuals who could not otherwise afford to participate in the YMCA.
- Dedicated the William P. Ziff gymnasium in the Peter Blum YMCA with generous support from the family of William P. Ziff.
- Dedicated the "Chase Donoff Special Needs Program" at the Peter Blum YMCA with support from Judi and Craig Donoff in memory of their son, Chase.
- Opened the Countess de Hoernle Children's Art Gallery in the Peter Blum Family YMCA, through the generous support of Countess de Hoernle.
- Completed the renovation of a teen center at the DeVos-Blum YMCA with support from Pepsi Americas.
- Implemented new programs to support youth fitness including Kinderdance, SportFit, KidFit, and High Voltage Kids.
- Exceeded the annual "Partners with Youth" Campaign goal by raising \$543,000 for financial assistance.

Enriching Lives and T

YMCA MEMBERS -
"Success Stories"

Christina Stratis

For the past seven years, the Stratis family has been involved with the Y. The Stratis family's youngest member, six-year-old Christina, who is autistic, was initially terrified of the water and would cry in fear throughout her lesson. With patience and optimism, Christina's instructor refused to give up hope that soon Christina would feel comfortable being in the pool.

Today, less than one year after her first lesson, Christina has learned to feel at home in the water and has achieved a greater ability to focus. Her mom, Mary, says Christina now loves the water so much that all she wants to do is go to the Y for a swim!



Students in the Chase Donoff Special Needs Program enjoy a visit from the Sunshine on a Leash Pet Therapy dogs



< Countess de Hoernle
Children's Art Gallery

Touching Hearts



Lucille Towbis

Lucille Towbis was looking for something to keep her busy when she joined the Y. Lucille drives half an hour to and from the Peter Blum Family Y of Boca Raton daily to work out in the fitness room and the pool. Lucille now has an activity that not only keeps her happily busy but one that positively impacts her health and well-being.

Lucille raves about the Y's staff and members as she tells of how important the Y has become in her life. While she loves the interaction with people, Lucille stresses that she, "always feels invigorated, stimulated, very good" when she leaves the Y.



Anne Marie Garcia

Being a single mother in a new environment is tough. Anne Garcia faced this situation after relocating to Boynton Beach with her daughter, Anne Marie. Luckily, Garcia met Donna Angus of the DeVos-Blum Family YMCA of Boynton Beach, who explained the benefits of the pre-school program at the Y.

Garcia was excited that the program offered "a safe haven, great education and programs that other pre-schools don't offer." Through the support of a scholarship, Anne Marie has attended pre-school at the Y for over a year. Garcia is quick to say that she wouldn't be able to afford this education if it weren't for the generosity of donors to the Y's annual Partner's Campaign.

A game of pool in the renovated Teen Center >



Campers take five in the William P. Ziff, Jr. gymnasium



Thank you **YMCA** Donors

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